

# Mitchells Presbyterian Church Monthly Newsletter September 2022

## Pastor's Corner

With the summer seeming to be near the end (despite the hot weather still lingering), we enter into the time of fall and season change. A season change is something that gives us an opportunity to look at the created world as it shifts and changes all around. We can look forward to what is coming such as the colorful leaves and the impending dominance of the University of Alabama's football team 😊, however, these times are also an opportunity to look at what is coming up in our lives (good and bad), while reflecting upon the past events.

Ecclesiastes 3:1-8 is a typical yet always relevant scripture for reflecting on the seasons.

- 3:1 There is a time for everything,  
and a season for every activity under the heavens:
- 2 a time to be born and a time to die,  
a time to plant and a time to uproot,
  - 3 a time to kill and a time to heal,  
a time to tear down and a time to build,
  - 4 a time to weep and a time to laugh,  
a time to mourn and a time to dance,
  - 5 a time to scatter stones and a time to gather them,  
a time to embrace and a time to refrain from embracing,
  - 6 a time to search and a time to give up,  
a time to keep and a time to throw away,
  - 7 a time to tear and a time to mend,  
a time to be silent and a time to speak,
  - 8 a time to love and a time to hate,  
a time for war and a time for peace.

The verses may trigger you to start singing Turn! Turn! Turn! by The Byrds (which I encourage you to listen too) as you think about how each season does indeed cause us to have certain emotions attached to them. Holidays which occur yet are now lonely after loss, feelings of joy for events of the season, times of love while remembering times of war. All of these things and more can come with the seasons change. So what can we do with this year's change of season that may renew our way of analyzing the season shift? I believe we can embody verse 5b "a time to embrace and a time to refrain from embracing". The change from summer to fall can enliven in us a revival of relationships. That it is a time to look at those around us whom need to be embraced or need simply to be heard rather than embraced. Perhaps that is what this time is for, a chance to look at how we can change relationships around us for the better as all of creation grows and evolves, we have the ability to do the same.

These are my thoughts for this month and I hope that they may spark a few things for you!

Blessings – Pastor Patrick

## Session News

### Session Notes from August 14, 2022 Meeting

- Approved the following for membership:
  - Susan Wohlleben—transfer of membership from Culpeper Baptist
  - Gale Gibson—reaffirmation of faith
  - Roger Eakin--reaffirmation of faith
  - Abigail Weaver—confirmand and affirmation of faith
  - Alan Wohlleben—request for baptism and affirmation of faith
- Approved changing the date of the 155<sup>th</sup> Anniversary Celebration to Sunday, November 6, 2022.
- Approved accepting a proposal to re-set 12-14 gravestones in the cemetery.
- At a called Session meeting on Sunday, July 17, 2022 Session approved child baptism to be conducted during worship services that morning for:
  - Rowen Faulkner—son of Ruth and Bryan Faulkner
  - Clark Sousa—son of Michael Sousa and Ashley Kangas

### Presbytery of the James Update

The Presbytery of the James has implemented a new model for how the work within the presbytery will be done. In the past, one individual held the roles of General Presbyter and Stated Clerk. Following the adoption of a new strategic plan the presbytery will now have three presbyters and a separate stated clerk. As of August 9, 2022, individuals have been elected to fill the presbyter roles:

- Dr. Flo Barbie-Watkins—Lead Presbyter for Vision and Collaboration
- Barbara Chalfant—Presbyter for Congregational Life
- Leigh Anne Ring—Presbyter for Relational Care

The role of stated clerk will be filled at the October 15, 2022 POJ meeting.

## Presbyterian Women

The Mitchells Presbyterian Women will meet at **5:30 p.m.** in the Fellowship Hall on September 13, 2022. A light dinner will be provided, and we will install our new officers: Kaye Inskeep, Moderator; Kim Hicks, Assistant Moderator; Vickie Wallace, Secretary; and re-elected Treasurer, Mary Lou Phillips.

Please keep in mind as you clean out your unwanted items and as you begin knitting, crocheting, sewing, jewelry making or whatever your talents may be, we will have our rummage/craft sale on October 8, 2022 (rain date October 15). All proceeds will go to the Dot Faulconer Pavilion Fund. You may drop off items on Monday, October 3, in the Fellowship Hall. Someone will be there from 9-11 a.m. and 5-6 p.m. to assist if you need help. If you would like your items to be picked up, please call Debbie at (571) 449-1777.

Blessings to all, Debbie Long-Smith, Moderator

Kaye will take over in October, and I thank you for trusting me with this position for the past few years.

## **Men of the Church**

The Men of the Church will be held on Thursday, September 1, 2022, at 7:00 p.m. beginning with dinner. Please contact Steve Hicks, 540-718-2098 or [menofmitchellspc@gmail.com](mailto:menofmitchellspc@gmail.com) if you plan to attend. There are several upcoming events that need help from the men.

## **Safety and Security Committee (SSC)**

### **Required Training for Safety & Security Team**

**All S&S Team members** - Sunday, September 18<sup>th</sup> at 12:15

This training session will last approximately 45 minutes and will be held in the Adult Sunday School Room. It will provide an overview of the MPC program as well as details needed for each of the weekly duty assignments.

If you are a Team member and cannot attend this session, please contact Alan Wohlleben to arrange a make-up date.

Non-Team members are welcome to attend.

**Quick Response Team members** – Sunday, September 25<sup>th</sup> at 12:15

This session is in addition to the above and will last approximately 1 ½ hours. It will also be held in the Adult Sunday School Room and, because of its length, snacks and drinks will be provided.

If you are a QRT member and cannot attend this session, please contact Alan Wohlleben to arrange a make-up date.

## **Church Events/Information**

### **Pavilion Update – Buildings and Grounds**

The underground electrical conduit and waterline are buried and the water hydrate is installed. The excavated area has been leveled, raked, and grass seed sown. The installation of the electrical conduit in the pavilion is moving right along and is looking good. The Concrete Contractor is scheduled to start grading the foundation and setting the forms as early as this coming week. Concrete delivery is expected in about two weeks!

### **CPR/AED and First Aid Training Classes**

Culpeper County Parks & Recreation Department is offering upcoming CPR/AED & First Aid Training classes. Due to the COVID outbreak we have not had any medical training classes at MPC in over two years. CPR/AED & First Aid certifications expire after two years so this is a good opportunity to get recertified.

#### **Class information:**

Register & SAVE! Save \$10 when one person signs up for 2 Minuteman CPR, LLC classes.

#### **CPR & AED Training**

Ages: 12+, 1 day: A 3-hour class on how to perform CPR (cardio-pulmonary resuscitation)

and how to use an AED (Automated External Defibrillator) on Adults, Children and Infants.

Instructor: Minuteman CPR LLC – Instructors are EMTs or Paramedics  
Location: Culpeper County Fieldhouse  
Date/Time: Wednesday, November 2, 6:00-9:00 p.m., Cost: \$45  
Register By: October 21  
OR:  
Date/Time: Saturday, November 5, 9:00 a.m.-12:00 p.m., Cost: \$45  
Register By: October 24

### **First Aid Training**

Ages 12+, 1 day: A 3-hour class on basic First Aid; this class will provide you with the necessary knowledge to provide basic care in emergency situations until trained emergency personnel arrive.

Instructor: Minuteman CPR LLC – Instructors are EMTs or Paramedics  
Location: Culpeper County Fieldhouse  
Date/Time: Thursday, November 3, 6:00-9:00 p.m., Cost: \$45  
Register by: October 21  
OR:  
Date/Time: Saturday, November 5, 1:00-4:00 p.m., Cost \$45  
Register by: October 24

Use the link below to review additional class details and register:

[https://anc.apm.activecommunities.com/culpepercopandr/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_category\\_ids=16&viewMode=list](https://anc.apm.activecommunities.com/culpepercopandr/activity/search?onlineSiteId=0&activity_select_param=2&activity_category_ids=16&viewMode=list)

POC: Tabitha Riley, Programs & Facilities Supervisor  
Culpeper County Parks & Recreation Department  
540-727-3412 ext. 5  
[www.CulpeperRecreation.com](http://www.CulpeperRecreation.com)  
[triley@culpepercounty.gov](mailto:triley@culpepercounty.gov)

Tabitha can be reached by phone or email to answer questions.

The CPR/AED and First Aid Training classes are for lay persons. No written tests but there is a practical performance checkoff at the end of each class. Practice until you get it right!! No one fails.

Class size: Max of 10 people per class Seats are limited so register early!

Study Materials: All materials will be handed out in class. Recommend bringing notepad to take notes during lectures.

MPC POC:

James “Smitty” Smith  
Medical Team Leader  
540-222-3104  
[josscoy@gmail.com](mailto:josscoy@gmail.com)

### **Mission and Outreach Committee Report**

Thanks to the church family, for the support of the Manna Project. We serve every fourth Monday of the month and last month we handed out 106 meals to the community in need. If anyone is interested in joining us for this worthy mission, please reach out to Pastor Patrick or Carol Inskeep.

The church is also supporting the community with a contribution to two funds sponsored by Germanna Community College. A description of each fund is below.

**Germanna Cares Funds- \$2500**

This fund supports students with their critical needs to keep them in school and on the path of self-sufficiency making an immediate impact on their lives to reach their goals. This fund helps with challenges to pay for food, technology and books, transportation and emergencies that could derail a student's academic plan.

**Gossweiler Emergency Fund - \$2500**

This emergency fund provides support for students who encounter a financial barrier that could cause them to drop out of college. Examples could be an expensive car repair or not being able to pay a bill due to temporary job loss. The fund was created in honor of Germanna professor, Richard Gossweiler, who passed away in 2015.

## **Congregational Life and Ministry Committee**

The full After Church Social restarts on Sunday, September 11. A sign up sheet and guidelines are posted in the kitchen.

Thank you to the Committee members, Ron Evans and Pastor Patrick for a successful 5th Sunday Italian dinner and bingo night on July 31. We appreciate those who came and supported this family fellowship event.

Saturday, September 10 will be our first Steak Dinner since 2019. It will be held under a tent in the parking lot from 5-7 p.m. Still in the Mitchells' tradition but with some modification due to it being outdoors. There is a set menu and the sign-up sheet is in the Fellowship Hall if anyone would like to bring one of the food items listed. We will be soliciting help in the next week for set up, kitchen help, serving and clean up. If you have any questions please contact Patricia Hawkins or one of the Committee members.

The 155th Church Anniversary Celebration will be on Sunday, November 6. Former ministers and local area ministers will be invited. In addition, letters of invitation will be going out to former members and others. So if you know someone that you would like to receive an invitation, please submit their names and addresses no later than September 10. There is a drop off box in the Fellowship Hall. There will be a catered luncheon after the Service. Stay tuned for further details.

Mark your calendar for Saturday, September 10 for our first Steak Dinner since 2019. Time and details will be announced soon. We will be looking for volunteers, those who may have helped in the past and those who haven't but would like to. Stay tuned for that announcement.

Please note the first Third Thursday Gathering will be on September 15 at Raven's Nest Coffee Shop on Davis Street from 5:30 to 7:00pm. This event is for young adults to gather and be in fellowship.

**Adult Sunday School** has a new curriculum, *The Present Word*, starting first Sunday of September. All are encouraged to come and join on Sunday mornings at 9:45am.—

## **MPC Spotlight**

No **MPC Spotlight** this month.

## **Worship Committee**

Nothing new to report.

## **Donations to MPC**

Any donations to the church can be mailed to:  
Mitchells Presbyterian Church  
P. O. Box 98  
Mitchells, VA 22729

All mail is being picked up twice a week and deposits are being made by Ron Evans, the church treasurer.

## **Seth Massey**

Room 230 Oakland Hall Community East  
438 Oakland Street  
Morgantown, WV 26505

Some have asked suggestions for "Care packages", so, here are some thoughts, or feel free to just send a card of encouragement, Thanks

Snacks:

\*Clif Energy Bars: \*Chocolate Chip, \*Crunchy PB,\*PB banana, \*Nutty Buddy Bars,  
\*Cosmic Brownies, \*Oreo Poptarts, \*Oreo Cookies (regular or DoubleStuf),  
\*Gum (5 Gum), \*Propel flavored waters

Gift Cards:

\*Chick-fil-A, \*IHOP, \*Kroger, \*Sheetz, \*Starbucks, \* McDonald's

Some have asked suggestions for "Care packages", so, here are some thoughts, or feel free to just send a card of encouragement, Thanks

Snacks:

\*Clif Energy Bars: \*Chocolate Chip, \*Crunchy PB,\*PB banana, \*Nutty Buddy Bars,  
\*Cosmic Brownies, \*Oreo Poptarts, \*Oreo Cookies (regular or DoubleStuf),  
\*Gum (5 Gum), \*Propel flavored waters

Gift Cards:

\*Chick-fil-A, \*IHOP, \*Kroger, \*Sheetz, \*Starbucks, \* McDonald's

## **Mitchells Presbyterian Email Prayer Chain**

Patti Weaver has agreed to monitor and maintain the prayer chain email account. Thank you Patti for your service to MPC.

If you would like to receive notifications of prayer requests via email, please send an email to:

[prayersofmitchells@gmail.com](mailto:prayersofmitchells@gmail.com)

Your email address will be added. This is open to members, regular attendees, friends, etc. Just have all requesters send an email and they will be added.

Prayer requests mentioned at church will try to be added, but it is best if you could just send them to the [prayersofmitchells@gmail.com](mailto:prayersofmitchells@gmail.com) email address.

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Alexandra Neal Jane Reed	3
4	5 Jane Chase Neal	6 Tom Cuccherini Luke Gyory	7	8	9 Perry Kinsey	10 Raechel Squire
11	12	13	14	15 Bonnie Hitt Pat Payne Alex Tidman	16	17 Jim & Amy Inskeep Warren & Amber Gallahan
18 Diane Ray	19	20	21 Cindy Grotz Jimmy Walker Jim Inskeep Scott & Roxy Mitchell	22	23	24
25	26 Joan Pannill Bill Miller Michelle Cuccherini	27	28 Bonnie Putnam	29 Chip Condit	30 Freida Preihs	

User: Scott Mitchell

Acolyte: Tommy Cuccherini