

Mitchells Presbyterian Church Monthly Newsletter October 2022 Pastor's Corner

As we get souped up (he he you will see why this is a funny pun in a minute) for the impending chill of fall. I ask you to come with me from the Pastor's Corner into the Pastor's Kitchen! For this newsletter I want to share with you all two recipes that have brought Brittney and I a lot of joy and stuffed stomachs as we make our way through several of our cookbooks! The first recipe is a good, filling meal that won't leave you bogged down. It is meal that keeps and can be eaten for lunch or dinner, and we enjoy eating it for either!

This one comes from *The Complete Mediterranean Cookbook*

Orzo Salad with Arugula and Sun-Dried Tomatoes

1 ¼ C. Orzo	½ C Sun-Dried Tomatoes minced
¼ C. Olive Oil	(good chopped if you like bigger chunks like us)
3 Tbsp Balsamic Vinegar	½ C Kalamata Olives, pitted and halved
2ish Cloves of Garlic, minced	(or more – I LOVE olives)
(Brittney and I always like more)	½ C. Basil (fresh is best)
2 C. baby arugula, chopped	¼ C. Pine Nuts
½ C. grated Parmesan Cheese	(Walnuts are a good sub, and Brittney says Cashews would work too)

Step 1: Cook Orzo in boiling water, drain and toss in a bit of olive oil, then let it cool

Step 2: Whisk 3 Tbsp of Olive oil, vinegar, garlic, Salt and pepper together. Then add in arugula, parmesan, tomatoes, olives, basil, nuts, and orzo in a large bowl with whisked together items. Let sit for about 30ish minutes to combine. Then enjoy!

Note: We like to add a bit of feta to our bowls for an extra bit of flavor!

The second recipe that I'd like to share is one that is just as easy, but a bit heartier. This one will warm you up and fill you up so that you can sleep sound in your big comfy chair after dinner! It has been one of Brittney's favorite things I've cooked in the last few weeks (I do most of the cooking in the house so she gets to test out everything I make



The recipe comes from *The Dude Diet Dinnertime* cookbook (don't ask, I think my mom was trying to tell me something when she got me this cookbook. It does have some good recipes though)

Suped-Up Sweet Potato Soup

10 Slices of Bacon, halved

1 Yellow Onion, chopped

3 cloves of garlic, minced (or more 😊)

1 ½ tsp Smoked Paprika

Pinch of Cayenne

(I also added about a tsp of Chili Powder)

5 C. Sweet Potatoes, peeled and chopped

(I didn't peel and it kept a good flavor)

2 C. Chopped Cauliflower Florets

4 C. Chicken Broth

¾ C. Sharp Cheddar

1/3 C. Green Onions, chopped

Step 1: In a large pot or Dutch oven, Cook Bacon until Crispy, then set aside

Step 2: Keep a bit of grease in the pan, add onion, garlic, salt and pepper to the pan on medium heat. Once onion is soft, add paprika, cayenne, chili powder, sweet potatoes, cauliflower, and chicken broth (I suggest adding a few bits of bacon to infuse). Mix and bring to a boil. Reduce heat and over at a simmer for 25ish minutes.

Step 3: Pour elements of the pot into a blender and puree until smooth. (Be sure that steam can escape so you don't have a soup explosion, thus says the cookbook not from pastor's experience)

Step 4: Put back in pot, stir in chopped bacon, green onions, and cheese

Set 5: Put it in your bowl, top with more cheese and enjoy!

I hope that you all enjoy these recipes! The table is an important place in our lives. A place of nourishment, family gathering, joy and thanksgiving, and a place where Christ does many of his teachings throughout the gospels! Hopefully these recipes give you another opportunity to encounter friends, family and Christ at the tables in your lives

Blessings – Pastor Patrick

Session News

Summary of Session Actions

September 8, 2022

- Session approved the request that a new church directory would begin being prepared in February 2023. Alan & Susan Wohlleben will be leading this project.
- Approved the acquisition of a new electronic membership recordkeeping system.
- In-home communions will be restarted after pausing them due to COVID restrictions.
- Approved the 2023 budget except for the pastor's terms of call which were approved that the October 2, 2022 Congregational Meeting.

Approved restarting the collection of the offering during worship by the ushers and restarting serving the elements of the Lord's Supper by the Elders. Individual packets of the elements will be available for those wishing to use them.

Congregational Meeting Highlights

October 2, 2022

- Elected as the Ruling Elder Class of 2025: Tommy Cuccherini, Kim Hicks, and Scott Mitchell.
 - Elected as the Corporate Trustee Class of 2025: Ann Walker
- Approved the 2023 Pastor's Terms of Call

Presbyterian Women

Saturday, October 8, 2022, the Presbyterian Women will have a Yard/Craft Sale at the church Pavilion from 8 a.m. until 2 p.m. Free hotdogs will be served. Bring all your friends and family.

The Mitchells Presbyterian Women were all Busy-as- Bees during the month of September, helping with the Steak Supper, helping with the Monday Manna Mission and preparing for the our big fund raiser Yard Sale on Oct 8th.

*At our September meeting, Becky Payette introduced and installed the officers for 2022-2024 as follows: **Moderator** - Kaye Inskeep, **Vice Moderator** - Kim Hicks, **Secretary** - Vickie Wallace, and **Treasurer** - Mary Lou Phillips.*

We also discussed adding a new local project "Loads of Love" to our out reach of support. This is a community project sponsored by Scyamore Park School, providing clothing and laundry for those in need. If you wish to donate we are accepting gently used clothing from infant to teen sizes, personal hygiene items, baby items and school supplies. These items can be placed on the donation table in the Fellowship Hall . Your donations are appreciated.

As always, all are Welcome!

Men of the Church

The November meeting of the Men of the Church will be held on Thursday, November 3, 2022 at 7:00 p.m. Janet Miller has agreed to prepare her Thanksgiving fare for the Men that evening. Guys, you won't want to miss this.

Safety and Security Committee (SSC)

Nothing new to report.

Church Events/Information

Pavilion Update – Buildings and Grounds

The concrete floor in the pavilion has been poured and finished! A clear coat sealer has been applied to protect the concrete from staining. The water hydrant now has running water for outside use. The electrical installation is moving right along and is looking good. Four heavy duty aggregate trash containers have been positioned for trash collection. As all can see much work has been done over the past month and work continues to complete the pavilion project.

USED COATS FOR GIRLS

If you have any used coats for elementary age girls.... Sizes 4 up to 14. Please drop them off in the designated box in the fellowship hall. I will deliver to AG Richardson Elementary School near the end of October. Any questions, contact me.

Thank you, Kathy Massey
M & O Committee

Congregational Life and Ministry Committee

Thanks to everyone who has signed up to bring refreshments for the After Church Social. There are still dates available so we hope you will consider signing up. A sign-up sheet and guidelines are posted in the kitchen.

On September 10 we had our first Steak Dinner since 2019. Thanks to everyone who helped set up and clean up, and to everyone who brought food and helped serve. We had a good crowd and made almost \$900 that will go toward the Pavilion. Many thanks to Mr. Calhoun for the great steaks and to Jimmy Walker for cooking the steaks.

The 155th Church Anniversary Celebration will be on Sunday, November 6 in the Pavilion and a catered lunch afterwards in the Fellowship Hall. Former ministers and local area ministers have been invited. In addition, letters of invitation will be going out to former members and others.

MPC Spotlight

Spotlight Alice Hopkins

By Becky Payette

Alice Hopkins was born in Albemarle County to Albert and Mary Elizabeth Sprouse. She was the youngest of three sisters and one brother. Her youngest sister was nineteen years older than she. Alice remembers her mother telling her that she was found in a “strawberry patch”. As you can see she has a sense of humor which she shares with her closest friends.

She was married to the love of her life, Jim Hopkins, for 39 1/2 years. Jim was in the Air Force and was stationed in Hawaii, Maine, Illinois and North Dakota. She remembers 160 inches of snow in Maine and two tornados in North Dakota. She woke Jim up one night to tell him she thought she heard a train. He knew they didn't live near the train tracks and thought she was just dreaming and told her to “cool it”. Of course it was a tornado. She vividly remembers the cold at those bases and regrets she never got to enjoy the warmth of Hawaii.



When Jim was released from the Air Force, they moved to Culpeper where she worked for 30 years at the Second National Bank later to be Second Bank and is now know as Atlantic Union Bank. Upon retirement she wanted to stay busy so she began her volunteer work. She volunteered her services at Culpeper Regional Hospital for a total of 4,000 hours which consisted of 26 years of service. She currently volunteers at the Culpeper Surgery Center.

After the passing of her husband, Jim, she was approached by Jo English to work at Clore-English Funeral Home. She was hesitant at first, but with the encouragement of several close friends, she accepted the position. She has been there for 18 years and acknowledged the experience has been rewarding and fulfilling as she is able to help and comfort others with their grieving.

When she and her husband moved to Culpeper, they attended Culpeper Baptist Church. Jim decided he wanted to attend Mitchells Presbyterian Church as it was the Church he attended in his younger years. Upon his passing she was so grateful for the love and care that was extended to her by the Mitchells' congregation, so she has been attending ever since.

She also attends the Presbyterian Women's meetings. In addition, for 17 years she has continued her volunteer service by helping with the Steak Dinners where she was called Dot Faulconer's co-pilot. When asked about this, she insisted it was with the help from many others. She is always willing to help where help is needed.

Worship Committee

The session has voted to return to the traditional juice and bread passed during the service. Since we still have some self-contained juice/bread cups, we will have them stationed in the Narthex to pick up before the service for those who might still be uncomfortable with passing the plates or who would like to help us use them up.

Donations to MPC

Any donations to the church can be mailed to:
Mitchells Presbyterian Church
P. O. Box 98
Mitchells, VA 22729

All mail is being picked up twice a week and deposits are being made by Ron Evans, the church treasurer.

Mitchells Presbyterian Email Prayer Chain

Patti Weaver has agreed to monitor and maintain the prayer chain email account. Thank you Patti for your service to MPC.

If you would like to receive notifications of prayer requests via email, please send an email to:
prayersofmitchells@gmail.com

Your email address will be added. This is open to members, regular attendees, friends, etc.

Just have all requesters send an email and they will be added.

Prayer requests mentioned at church will try to be added, but it is best if you could just send them to the prayersofmitchells@gmail.com email address.

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Bonnie Scott	4	5	6	7 Ann Walker	8 Meredith Gyory
9	10	11	12	13	14	15 Jimmy & Ann Walker
16	17	18 Steve Hicks Liz Chase	19 Alexis Griffith	20 Ronnie Settle	21 Terry Higdon	22 Scarlett Tidman
23 Gale & Eloina Gibson	24	25	26	27 Ben Hulvey	28	29
30 Chip & Tricia Condit	31 Patrick Inskeep Kaye Inskeep					

Ushers: Patti Weaver, Caitlyn Weaver & Abby Weaver

Acolyte: Tommy Cuccherini