

OCTOBER 2024

INSIGHTS

The Newsletter of Mitchells Presbyterian Church

Looking ahead:

OCT 6 -- PAVILION WORSHIP SERVICE
OCT 26-- CAR SHOW & VENDOR/CRAFT
FAIR -- 10-3
OCT 27-- ALL SAINTS DAY



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Pastors Corner:

When Will People Cease Their Fighting? is the title for October's hymn of the month, set to the tune RUSTINGTON, which is found with two additional hymns (#224 and #494). This hymn was written by Constance Cherry in 1983, as the winning entry in the "Pens Into Plowshares Award" competition sponsored by the Trinity Presbyterian Church in Harrisonburg, Virginia. Rev. Dr. Cherry served as organist and choir director for a number of denominations including Presbyterian, United Methodist, Episcopalian, and Church of the Brethren. Another of her hymns, "Proclaim New Hope Through Christ, Our Lord", won the Presbyterian Men's Association competition for a theme song for one of their national gatherings. Rev. Dr. Constance Cherry is currently the Professor Emeritus of Worship and Pastoral Ministry, and Affiliate Professor at Wesley Seminary at Indiana Wesleyan University. She is also a founding faculty member of The Robert E. Webber Institute for Worship Studies, and I have happen to have several of her worship books, which we used in seminary to study and explore the craft of forming worship services.

Pastors Corner Continued on Page 2

Pastors Corner Continued:

Rev. Dr. Cherry writes that ‘worship announces what God has done and will do from the beginning to the end of time... As the story [of God] unfolds, it is sung – God’s people intoning the truth, joining their voices with those already in chorus in the heavenly realm. “From the beginning of the Biblical saga to its end, from one end of history to the other, the story is a song to be sung” (Westermeyer, Paul. *The Heart of the Matter*, p.40)’. This is what we do when we participate in hymns, whether singing or hearing, standing or sitting, we engage God and the story of our God when we lift our voices to the One of All Creation. Our voices sing joy and laments alike.

As we join our voices this month, I hope that the reason for picking this hymn is plain to see. It’s in the title ‘When Will People Cease Their Fighting?’. It’s the question that I ask myself every time I see my morning news, I pass by the spiteful signs and flags in peoples’ yards, or I hear sound bite arguments at the coffee shop. I AM TIRED. I don’t say that for sympathy, or some other reason, but that is the reality, and I believe that I am not alone on this bus of exhaustion. At the time of this writing, we are 40 days away from votes being cast, and I am simply not looking forward to those coming days. I don’t think they will be fun. Perhaps I will be surprised...

Right now, Ruthie Foster’s ‘Lord Remember Me’ is playing through the computer speakers, and the words “I call your name” are ringing over and over again in my head. We are calling on God. To give us strength to do God’s will, to strive for peace, and be strengthened in the knowledge that God’s day shall come, and a new heaven and new earth shall be one in the Kingdom of Peace, for peace shall be when Christ reigns in our hearts. I pray, that in a world where we are witnessing war in over 50 countries, and we are warring amongst ourselves in this country [and if you have doubts about warring in the USA, the screaming and fighting on the street corner of Main street in Culpeper outside the early voting center, begs to differ with you, for that is not a peaceful place], this hymn of the month, and other hymns or music that is holy to you, will also be your prayer to God during this season. I leave you with selections of Kate Bowler and Jessica Richie’s blessing for a peaceful day or night:

Oh peace, you are the mountain we glimpse from afar, the height and depth of our needs.

Light the way, God. Bring us to that place of rest. Rest from the world outside, and the one inside. Rest from our prickling fears and obsessive thoughts:

Bring us peace, God, enough for this moment. Enough to quiet the questions with no answers. And, while you’re at it, pencil us in for tomorrow, too.

Blessings,
Pastor Patrick

MUSIC NOTES FROM MARY SCOTT



Two more free concerts at Culpeper Baptist Church in 2024:

- Tuesday, October 15, 7:00 p.m. – Howard University Choir
- Sunday, November 3, 4:00 p.m. – Eric Byrd Trio (jazz)

For more information, please see the bulletin board opposite the music room.

OCTOBER 26

AUTUMN AUTO EXPO CAR SHOW & VENDOR/CRAFT FAIR

10-3

USHERS:

Melissa Miles
and
Rosemary Schneider

Newsletter Submissions

Let us know of your joys, concerns, jokes or suggestions. Also, notify of calendar additions, address changes, etc.

**ALL ENTRIES DUE
MONTHLY
BY THE 25th to:
mskaffy2@gmail.com**

Anyone wishing to take over publishing the newsletter, let me know your interest. :)

Mitchells Cancer Care Team



What Is Breast Cancer?

Breast cancer is a disease in which malignant (cancer) cells form in the tissues of the breast. There are many different types of breast cancer that can affect both women and men.

To determine the extent of an individual's breast cancer and if it has spread outside of the breast, the cancer is assigned a stage upon diagnosis.

The early detection of breast cancer through annual mammography and other breast exams is the best defense against receiving a late-stage breast cancer diagnosis. Generally speaking, the earlier the cancer is detected, the greater the likelihood of a successful outcome.

In 2024, an estimated 310,720 new cases of invasive breast cancer will be diagnosed in women in the U.S., as well as 56,500 new cases of non-invasive (in situ) breast cancer.

Breast cancer in men statistics:

All people are born with some breast cells and tissue, including men. Although rare, men get breast cancer too.

In 2024, an estimated 2,800 men will be diagnosed with invasive breast cancer in the United States.

National Breast Cancer Foundation Inc.—Sept 3, 2024

October 2024

NOTES:

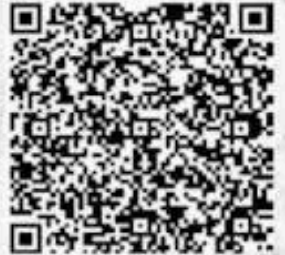
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Bonnie Scott	4	5
6 PAVILION SERVICE	7 Ann Walker	8 Meredith Gyory	9	10	11	12
13	14	15 Jimmy & Ann Walker	16	17	18 Steve Hicks	19
20 Ronnie Settle	21	22 Scarlett Tidman	23 Gale & Eloina Gibson	24	25	26 CAR SHOW & VENDOR FAIR
27 Ben Hulvey ALL SAINTS DAY	28	29	30	31 Kaye Inskeep Patrick Inskeep		

MITCHELLS PRESBYTERIAN CHURCH



REGISTER NOW!

**\$ 15 CAR REGISTRATION
(SCAN QR CODE FOR EARLY
REGISTRATION)**



NO RAIN DATE/NO REFUNDS

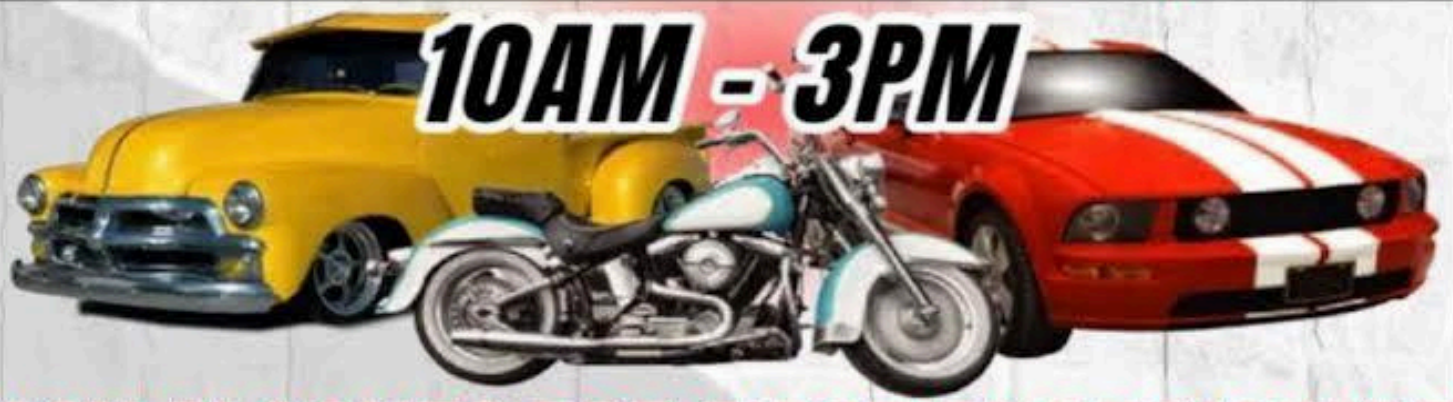


THE AUTUMN AUTO EXPO

CAR SHOW

SATURDAY OCTOBER 26, 2024

10AM - 3PM



DASH PLAQUES FOR FIRST 50 REGISTERED

PROCEEDS BENEFIT MITCHELLS PRESBYTERIAN CHURCH & MISSIONS IN THE COMMUNITY

CONTACT: 540-825-1079 ~ ~ mitchellspresbyterian@gmail.com

**INDOOR VENDORS / CRAFT FAIR / MUSIC
RAFFLES/PRIZES - BURGERS, HOT DOGS & SODA
WATER, COFFEE, HOT CHOCOLATE & HOT TEA**

12229 MITCHELLS ROAD, MITCHELLS, VA 22729

MITCHELLS PRESBYTERIAN



INDOOR

VENDOR & CRAFT FAIR

SATURDAY ~~ OCTOBER 26, 2024

10am - 3pm

**SCAN QR CODE
FOR
REGISTRATION**

IN CONJUNCTION WITH OUR

**AUTUMN AUTO EXPO CAR SHOW,
we are seeking vendors and crafters to
participate in our 1st Autumn Fair**



Tables will be set up in Fellowship Hall

Contact: mitchellspresbyterian@gmail.com ~~ 540-825-1079



**TABLES
\$15**

ALL PROCEEDS BENEFIT MITCHELLS PRESBYTERIAN CHURCH AND MISSIONS IN THE COMMUNITY