

# INSIGHTS

The Newsletter of Mitchells Presbyterian Church

# July 2026

## SUNDAY SCHOOL

All are welcome to attend Sunday mornings at 9:45!  
Adults meet in the large classroom near the choir room.. Children have several rooms in which to meet depending on the age group. Nursery is also available if needed for the younger guests.



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MORNING WORSHIP ..... 11:00AM  
SUNDAY SCHOOL ..... 9:45-10:30AM  
CHOIR {WEDNESDAY} ..... 7:30PM  
GOOD TIMERS {4th Thursday-Variou Locations} ..... NOON  
CHRISTIAN WOMEN'S FELLOWSHIP  
{ 2<sup>nd</sup> Tuesday-Variou Locations }.....6:00PM  
PRESBYTERIAN WOMEN { 2<sup>nd</sup> Sunday }..... Following Worship  
SESSION { 1<sup>st</sup> Sunday/Each Odd Month }..... Following Worship

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Contact Us:  
12229 Mitchell Road  
Mitchells, VA 22729

Office: 540-825-1079  
Pastor's cell: 540-881-0201

Website:  
[mitchellspresbyterian.org](http://mitchellspresbyterian.org)

YouTube:  
[youtube.com/@mitchellspresbyterian](https://youtube.com/@mitchellspresbyterian)

Email:  
[mitchellspresbyterian@gmail.com](mailto:mitchellspresbyterian@gmail.com)

Pastor's Email:  
[mitchellspcpastor@gmail.com](mailto:mitchellspcpastor@gmail.com)

GriefShare:  
[mpcgriefshare@gmail.com](mailto:mpcgriefshare@gmail.com)



## My Cup Has Overflowed

by John Paul Moore

I've never made a fortune,  
And it's probably too late now;  
But I don't worry about that much,  
I'm happy anyhow.

And as I go along life's way,  
I'm reaping better than I sowed;  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

Haven't got a lot of riches,  
And sometimes the going's tough;  
But I've got loving ones all around me,  
And that makes me rich enough.

I thank God for His blessings,  
And the mercies He's bestowed;  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

I remember times when things went wrong,  
My faith wore somewhat thin;  
But all at once the dark clouds broke,  
And the sun peeped through again.

So, Lord, help me not to gripe  
About the tough rows I have hoed;  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

If God gives me strength and courage  
When the way grows steep and rough,  
I'll not ask for other blessings,  
I'm already blessed enough.

And may I never be too busy,  
To help others bear their loads;  
Then I'll keep drinking from my saucer,  
'Cause my cup has overflowed.

## NEWS FROM PRESBYTERIAN WOMEN

Over the past several years, the Presbyterian Women have collected food and hygiene products for the Culpeper Food Closet. However, after speaking with Faith at the Food Closet, we found that she is able to get more products through monetary donations. The Presbyterian Women have decided to collect monetary donations as an ongoing project. A collection box will be placed in the Fellowship Hall. When you have a dollar or two or spare change (No pennies please), just drop it in the box. Checks are made payable to Culpeper Food Closet.

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### 3<sup>RD</sup> ANNUAL CAR SHOW UPDATE



A local photographer who is very well known around the car show venues, [Labels Free Media](#), will be joining the event for a missions fundraising opportunity. The revised flyer advertising the joint mission is attached. Also, [Milo's Magical Scoops](#) truck will be onsite with their ice cream and coffee options.



Please take the opportunity to promote the event with your friends, family, neighbors, and on social media. Ask to post a flyer in businesses, and reach out for donations for the raffle table, coupons or their business promotional items (cups, pens, magnets, stickers, etc) for giveaways.

#### **PULL TAB LIST :**

On the communication table in the fellowship hall there is a list of many local establishments. The list is ready to 'pull the tab'. The idea is to choose your favorites, pull the tabs, to avoid more than one person inquiring at that location. We hope to have more persons involved in acquiring items to add to the raffle table.

Join us for a "requested" potluck on Tuesday, Aug. 18th at 6:30 for final preparations.  
Thank you all for the support of this event.

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### T-SHIRTS ~ \$25

If you would like to order t-shirts, a sign-up sheet is on the communication table. There will be one on display to see design. Deadline for orders is July 27<sup>th</sup>.

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#### **Listening Assistant Devices**

Available for those who would like to control the volume of worship. Folks are encouraged to bring their own headphones that plug into an AUX outlet. If you need assistance with devices, ask an usher to help.

#### **Anniversaries & Birthdays**

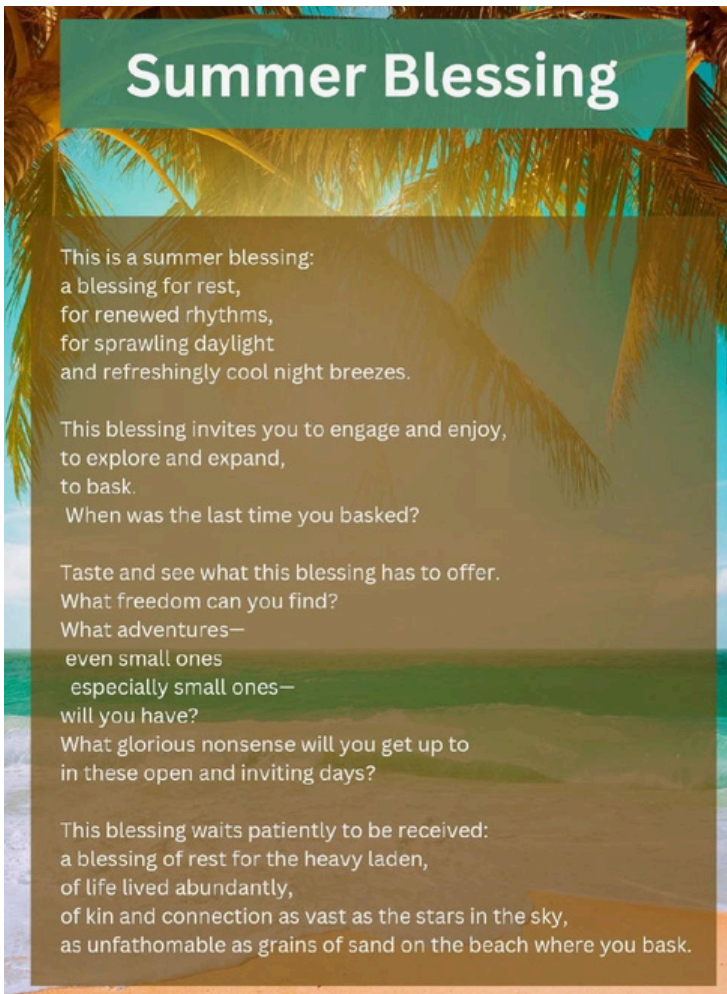
*We want to make sure we're celebrating all our loved ones milestones on the monthly calendar. To ensure we have these important dates, please let us know if there are any additions or changes.*

**Mission & Outreach Committee**

Our upcoming community outreach is to distribute 'homeless kits'. These will be available for anyone to take to have handy in your vehicle should you encounter anyone in need. Sample kits will be on the communication table. Before we get to that though, we would like a volunteer to compile a list of resources for persons to contact should they seek help in any situation.

If you are up to this task, please contact:

- Carol
- Roger
- Susan
- Kathy

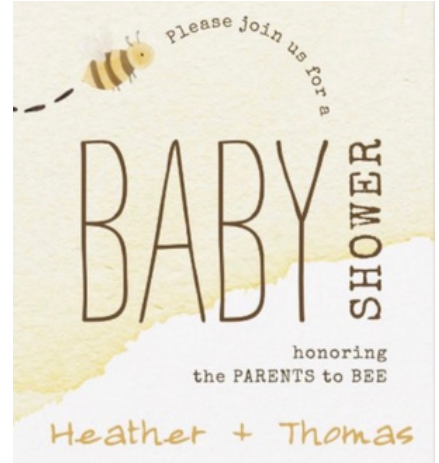


Thank you Kim Hicks and Hazel Eakin for your poems and inspirational messages this month.

If any of you have something you would like to share, send it in by the 25th.

Ushers for July:

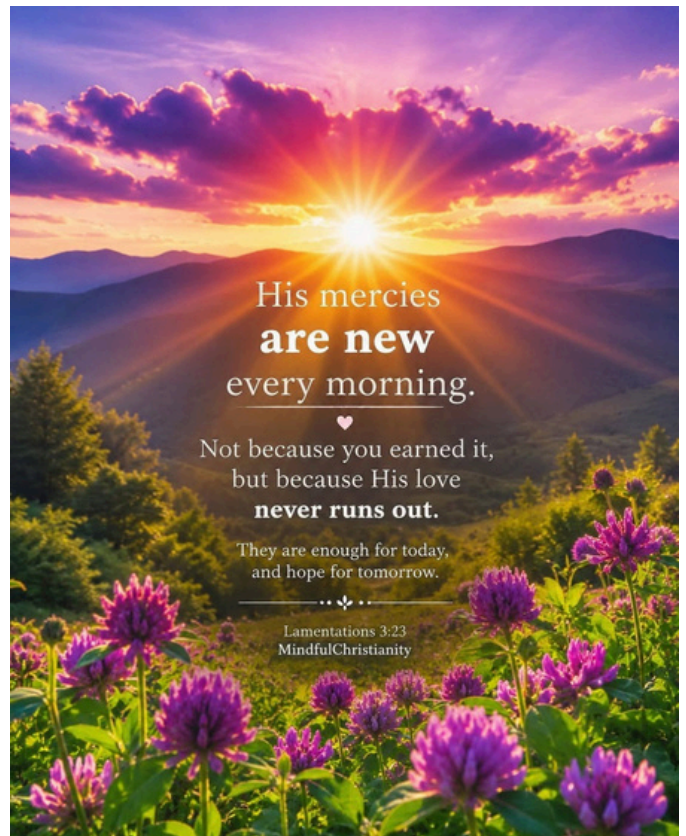
**Beti & Ian  
Turner**



ALL ARE WELCOME TO CELEBRATE WITH US.



PLEASE RSVP BY AUGUST 15TH  
540-827-8948



# JULY 2026

**SUNDAY    MONDAY    TUESDAY    WEDNESDAY    THURSDAY    FRIDAY    SATURDAY**

|                    |                      |                     |                  |                   |                                   |                                                                                          |
|--------------------|----------------------|---------------------|------------------|-------------------|-----------------------------------|------------------------------------------------------------------------------------------|
|                    |                      |                     | 1                | 2                 | 3<br>Phil Stuart<br>Jimmy Jenkins | 4<br> |
| 5                  | 6                    | 7                   | 8<br>Zachary Ray | 9<br>Janet Miller | 10                                | 11                                                                                       |
| 12                 | 13                   | 14<br>Danielle Kapp | 15               | 16                | 17                                | 18<br>Chuck Gyory                                                                        |
| 19<br>Terry Weaver | 20                   | 21<br>Steven Tidman | 22               | 23                | 24<br>Philip Grotz                | 25                                                                                       |
| 26                 | 27<br>Carlynn Walker | 28                  | 29               | 30                | 31                                |                                                                                          |

**HOLIDAYS AND OBSERVANCES:** 4th: INDEPENDENCE DAY

**NOTES**

**TOP PRIORITIES**

**TO DO LIST**

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# MITCHELLS PRESBYTERIAN CHURCH

## 3rd Annual CAR SHOW

FAITH. COMMUNITY, PURPOSE. ✝



SATURDAY  
SEPTEMBER 12<sup>TH</sup>, 2026  
(RAIN DATE SATURDAY, SEPT. 19<sup>TH</sup>, 2026)

10AM - 3PM



TROPHIES



MUSIC



CONCESSIONS



RAFFLE TABLE  
(TICKETS \$1 EACH)



CORN HOLE  
GAMES

REGISTRATION  
\$20

Bring the family and spend the day with us!



PROCEEDS BENEFIT  
MITCHELLS PRESBYTERIAN MISSIONS  
*in the community*



30 MINUTE  
*Photo Sessions*  
FOR OUR 2027 CALENDAR  
CAPTURE YOUR MOMENTS.  
SUPPORT OUR CHURCH FOR NEXT YEAR!

\$15



LIMITED  
SPOTS  
AVAILABLE!

RESERVE ON SITE  
THE DAY OF  
THE SHOW.

IN COLLABORATION WITH

**LABELS**  
FREE MEDIA



540-825-1079



mitchellspresbyterian@gmail.com



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MITCHELLS, VA 22729



Faith. Community. Purpose.